

COMMUNITY HEALTH IMPROVEMENT PLAN/STRATEGY (CHIP) Lower Umpqua Hospital District 2017

HEALTH & WELLNESS INITIATIVES

Over the next three years, Lower Umpqua Hospital District, in concert with its community partners will focus its energy in these four areas:

Lifestyle Improvements

Address lifestyle related health problems and chronic disease management through education. Focus will be on:

- Diabetes
- Obesity

Community Health Education and Awareness

Create a systematic approach to improving the health of our service area. The approach will include:

- Vaccinations
- Screenings
- Nutrition
- Physical activities
- Health education
- CPR classes

Mental Health Awareness

- Employment of a licensed clinical social worker
- Contractual agreement with an outpatient psychiatric provider (ADAPT)
- Research developing a tele-psych program for the emergency department

Community Collaboration

Enhance the focus and activities of the CHNA Committee. Utilize this group to continue dialogue regarding:

- Mental health needs with emphasis on youth and elderly
- Mental health access and placement
- Health professional educational classes in the local community charter school