

EXHIBIT K

LIBRARY LUNCH & LEARN

TALK WITH A DOC

THURSDAY, MARCH 5, 2020 @ 12:30 PM

LOWER UMPQUA LIBRARY • 541-271-3500
395 WINCHESTER AVE, REEDSPORT, OR 97467
WWW.LULD.ORG

Diabetes Management & Your Health



- Tips on managing diabetes
- Lifestyle modifications
- Diabetic meal prep demonstration

Presenters:

Kanani Dilcher, MD

- Family Practice

Josh Little

- Medical Student



Lower Umpqua Hospital District is excited to partner with the Lower Umpqua Library to bring educational medical presentations to our community members.

Sponsored by Lower Umpqua Hospital District

For questions, please contact:

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