

385 Ranch Road Reedsport OR 97467

WELCOME

Enclosed you will find the paper work necessary to obtain an appointment with our Doctors. Please complete these forms and return them to our Receptionist. Upon approval, we will call you for an appointment. Normal response time is within a week of receipt of your application. We appreciate your selection of this clinic to serve your medical and health needs, and will do all we can to provide the best of care. We have prepared this letter to answer some of the most common questions about our policies and the medical care we provide. If you need further assistance please contact our office staff.

TELEPHONES

Our main telephone number is 541-271-2119, our main fax number is 541-271-9338 For billing questions please call 541-271-2171

OFFICE HOURS

The office is open 8:00am to 5:00pm Monday through Friday. We are closed on all major holidays.

AFTER HOURS

If a medical emergency occurs, please call 911.

If a non-emergent question or medical concern occurs after regular office hours, please call and leave a message, you will be contacted the next business day.

CONTACTING YOUR PHYSICIAN

When you call our office please be prepared to tell our receptionist if your call is regarding an appointment, a medical question, or a prescription refill. For medical concerns, the Medical Assistant will contact you at their earliest opportunity.

CO-PAYS and SELF PAY

Your co-pay is due at the time of your office visit. This amount is determined by your insurance company. Patients who are self-pay will be required to bring a \$50.00 deposit at the time of visit. We do have financial assistance plans that you may talk with the billing department about if needed.

PRESCRIPTIONS AND REFILLS

To request prescription refills, please first contact your pharmacy before your medications run out. Your pharmacy will notify us for necessary authorization. Prescriptions that require written refills will be handled by the Medical Assistant. You will need to allow 2 business days for a response. All controlled substance prescriptions will now require a face-to-face visit with the physician prior to the prescription pick-up every 30 days. This appointment must be scheduled. This is now a clinic policy and is in accordance with regulatory demands. Please insure that you bring all your medications, including all over-the-counter medication to each physician appointment.

CANCELLATIONS AND NO-SHOWS

Patients who have missed 2 appointments (whether due to cancellation or no –shows) will be notified by formal letter that they will no longer be entitled to schedule an appointment for the future. The patient who has missed 2 appointments will now have the option of calling in every day to see if there is an appointment that is available that day. These patients will no longer be given the opportunity to schedule their own future appointments. Same day appointments will be given on a first come, first serve basis only.

UPDATING RECORDS

Updating your information is important. We require an up-date of your records on a yearly basis. We will need all of the information about your insurance coverage at the time of your visit. If there are any changes such as telephone, address, or insurance before your update please notify us as soon as possible.

THE GOAL OF REEDSPORT MEDICAL CLINIC

Our goal at Reedsport Medical Clinic is to give you the best quality of care in the most efficient way. We know that your time is valuable. We ask you to check in for your appointment 15 minutes prior to your appointment. This allows for updating paperwork or information in the Electronic Medical Record. It also allows for time for the medical assistant to "room" you in preparation for your practitioner to see you. If you are late for an appointment, you may be re-scheduled.

We strive to provide the best possible care. We make prevention and wellness a top priority. If you have a special health concern or condition, your health care team will help you connect with other professionals to get you the care you need. We are your health care team. Your team is led by your primary care provider and they will communicate with the other health care team members to provide for your optimal care.

Sincerely, Reedsport Medical Clinic



Reedsport Medical Clinic

Lower Umpqua Hospital Walk-in Clinic

600 Ranch Road Reedsport, 0R 97467 (541) 271-2171

Dear Patient,

We are pleased to inform you of a new service being provided to you. The Patient Portal will provide you with online access to your health information, such as lab results, a copy of your current medical summary, and the ability to email your medical provider. If you wish to sign up, please fill out the information below and we will be happy to get you set up.

E-Mail:	
	Or
Cell Phone Number:	& Phone Carrier
Patient Signature:	Date:
Opt-Out:	
	s your health information is not your preferred opt out". If you choose to opt out, please indicate at a later time to opt back into the Patient Portal,
By signing below, you are stating you would like	to opt-out of the Patient Portal at this time.
Patient Signature:	Date:
Interna	Information
Patient Sticker	☐ Information was entered into Patient Registration ☐ Generated portal pin in Medical Summary ☐ Patient Portal Registration was completed in Practice Portal and patient was sent a message

REEDSPORT MEDICAL CLINIC

Lower Umpqua Hospital District

TODAY'S DATE:			PRIMA	RY PHYS	ICIAN:		
	PATIENT I	NFORMATIO	N				
Patient's Last name:	First:	Middle I.:	☐ Mr. ☐ Mrs.	☐ Miss☐ Ms.		status (circle	one) // Sep / Wid
Email Address: Is this your legal name?	If not, what is your logal name?	(Former name	·)·	Dieth	dato.	A a a	- Covi
☐ Yes ☐ No	If not, what is your legal name?	(Former name	:).		date:	,	Sex:
Street address:		Cocial Co			/ /		OM OF
Street dooress.		Social Se	curity no.:		nome pi	hone no.:	
P.O. box: City:		State:	Zip:		Cell / alt (ernate phon	e no.:
Occupation:		Employer	:		Work no).: ()	
Spouse's Name:	Phone #:	Spouse D			Spouse		
Clinic chosen because / Referred to clinic I	by (please check one box):	□ Dr.				ance Plan	☐ Hospital
☐ Do you receive monthly Veteran's benefits?	D. Do you receive Medical care	Where?	Driver Lie Number:				· · · · · · · · · · · · · · · · · · ·
Denerits?	TN CASE O	F EMERGEN	ICV		The state of the s		***************************************
Name of friend or relative (not living at s		Relationship		Homo n	hana na i	Mark nh	one no i
iname of mend of relative (not living at s	ame address).	Relationship	to patient.	потпе р	hone no.:	Work ph	
		A.C	*** *** * *** ****	()	()	
Person responsible for bill:	Birth date: Address (if o	different):			Home pl	hone no.:	
					1)	
Is this person a patient here?	☐ Yes ☐ No						
Occupation: Emplo	byer: Employer address:				Employe	er phone no. V	:
Primary Insurance:	Subscriber's Name:		I.D.#:) *	Group #:
Patient's relationship to subscriber:	☐ Self ☐ Spous	se 🖵 Child	□ Other				Co-Pay:
Name of secondary insurance (if applicable		J.	I.D.#:				Group #:
Patient's relationship to subscriber:	☐ Self ☐ Spous	se 🛭 Child	□ Other				. , , , , , , , , , , , , , , , , , , ,
I certify that I have insurance coverage wand assign directly to Lower Umpqua Ho financially responsible for all charges whet	ospital District all insurance benefits						stand that I am
The above-named facility may use my heaf for the purpose of obtaining payment for s						mpany(ies) a	and their agents
I request that payment of authorized Med services furnished to me by that provider.	- 1					-	
To the extent permitted by law, I authoriz Medigap insurer, and their agents any info					for Medica	re and Medi	caid Services, my
Signature of Patient or Guardian				Date			. ,

Relationship to Patient

Please print name of Patient or Guardian

Date of last physical exam:				_ Reason for this visit	t:			
Please check symptoms	you curre	ntly have (or have had:					
General		Ga	strointestinal	Eyes, Ears, Nose, 1	Γhroat	Mei	n Only	
O Chills O Poor Appetite			or Appetite	O Bleeding gums		O Erec	tile Difficulties	
O Depression/Nervousness O Bloating			O Blurred vision	O Blurred vision O Lump in testicles				
O Dizziness/ Fainting		ОВо	wel changes	O Crossed eyes	O Crossed eyes O Penis discharge			
O Fever O Constipation		O Double Vision		O Sore	e on penis			
O Forgetfulness		O Di	arrhea	O Earache/ Ear disch	O Earache/ Ear discharge O Prostate problem			
O Headache		O Ex	cessive thirst		O Hay fever O Breast lump			
O Loss of sleep		O Ga	iS	O Hoarseness	·			
O Loss of weight			emorrhoids		O Loss of hearing Women Only			
O Numbness			digestion	O Nosebleeds				
O Sweats			ausea	O Ringing in the ears			ding between periods	
O Fatigue			ectal Bleeding	O Sinus problems			st Lump	
Muscle/Join/Bone			omach pain	O Vision-flashes/halo	25		eme menstrual pain	
O Pain, weakness, numl	anoss in:		omiting	O Migraines	J3		flashes	
			•	=				
O Arms O Hi			omiting blood	O Snoring			ole discharge	
O Back O Le	•	-	ver disease	O Thyroid problems			ful intercourse	
O Feet O No			epatitis	O Glaucoma			inal discharge	
	oulders	O UI		O Cataracts		O Oth		
Genitourinary			fficulty swallowing	Skin		Date o	of last menstrual period:	
O Blood in urine			eartburn	O Bruise easily				
O Frequent urination		Ca	ırdiovascular	O Hives		Date o	of last PAP:	
O Lack of bladder contr	ol	O Ch	nest pain	O Itching/rash				
O Painful urination		O Ch	nest pressure	O Change in mole		Date o	of last Mammo:	
O Kidney disease		O Hi	gh blood pressure	O Scars				
O Sexually transmitted	disease	O Lo	w blood pressure	O Sore that won't he	eal	Are yo	ou pregnant?	
Pulmonary		O Irr	egular/ rapid heartbeat	Disease and Condi	tions			
O Pneumonia		O Po	or circulation	O HIV positive	O Polio			
O Tuberculosis		O Sv	velling in ankles	O AIDS	O Rh	Rheumatic fever		
O Persistent cough		O Va	ricose veins	O Multiple Sclerosis	O Sc	arlet fever		
O Wheezing		O He	eart disease	O Mumps	O Di	abetes		
O Shortness of breath		O Hi	gh cholesterol	O Bleeding disorders	o Ch	icken Pox		
O Wake with shortness	of breath		icemaker	O Measles		ilepsy		
O Asthma		O St	roke	O Cancer:				
Describe serious illness	or opera	tions						
		_	·	mily Health History				
	Age	Age of Death	Significant health proble cause of Death	ems	Age	Age of Death	Significant health probler cause of Death	ns
Faller		Death	cause of Death	Children 01	<u> </u>	Death	cause of Death	
Father				Children				
Mothor		+		10				
Mother				0 F				
Siblings O M				01				
OF OF				0 1				
OM				Grandmother				
O F				Maternal				
OM				Grandfather				
O F				Maternal				
OM				Grandmother				
O F				Paternal				
0 M	-			Grandfather				
O F				Paternal				
	ations/ A	lergies an	d Sensitivities			Health l	nabits	
			medications or attach a sh	neet: Check any you use a	and how much	: Ch	eck if your work exposes yo	u to:
				O Caffeine			Stress	
				O Tobacco		. 01	Heavy Lifting	
				O Alcohol		0	Hazardous Substances	
List allergies and sensi	tivities to	medicatio	ns:	O Street drugs		0 :	Second-hand smoke	
				O Other		. 00	Other	-
i				I				

Health Information Questionnaire

SPECIALISTS: Please list any specialists you are currently seeing or have seen in the past:

Specialty	Provider	Address	Phone	Last Seen
Example: Cardiology	Dr. Heart	123 North Street, Reedsport OR 97467	(800) 123-4567	1/2000

HOSPITALIZATIONS and SURGERIES:

List any hospitalizations, surgeries or procedures you have had performed.

What & Where	Date	What & Where	Date
Example: Colonoscopy at Lower Umpqua Hospital	1/2010		

HEALTH MAINTENANCE:

If you've had a test or vaccine done, li	st when last performed:	
☐ Bone density test:	☐ Flu vaccine:	☐ HPV vaccine:
☐ Cholesterol screen:		☐ Meningococcal vaccine:
☐ Colonoscopy:	☐ Hearing test:	☐ Pneumonia vaccine:
☐ Dental Exam:	Wear hearing aids? Y/N Left/Right	☐ Prostate exam (males):
Wear dentures? Y/N Upper/Lower?	☐ Hep A vaccine:	☐ Shingles vaccine:
☐ Diabetes screen:	☐ Hep B vaccine:	☐ Tetanus vaccine:
☐ Eye exam:	☐ Hep C Testing:	
Wear glasses? Y/N Contacts? Y/N	☐ HIV testing:	

ADVANCED DIRECTIVES:

Do you have an Advance Directive such as a Living Will or POLST form? \square Yes \square No. If yes, please provide a copy.

Would you like information on the preparation of these? \square Yes \square No



Health Information Questionnaire

WORK / SCHOOL:	
Education: through grade: high scho	ool □ tech □Associates □ Bachelor's □ Master's □ PhD
Do you work: ☐ Full-time ☐ Part-time ☐ Re	tired 🗆 Unemployed 🗅 Disabled. If disabled, how?
Current or prior occupation:	·
Military Service? ☐ Yes ☐ No Any financia	ıl concerns? □ Yes □ No
SOCIAL HISTORY:	
Place of birth:	Any recent travel? Yes No. If yes, where?
Any travel outside the US? \square Yes \square No. If y	es, where and when?
☐ Married ☐ Single ☐ Divorced ☐ Widowe	d 🗖 In a relationship
Religion: Any religious res	strictions/concerns? 🗆 Yes 🖵 No. If yes, explain:
HOME / ENVIRONMENT:	
Living arrangement: House Apartment	☐ Condo ☐ Dorm ☐ Homeless ☐ RV/Motorhome ☐ Other:
Lives with: ☐ Self ☐ Spouse ☐ Significant O	ther ☐ Children ☐ Parents ☐ Siblings ☐ Roommates ☐ Other:
Number of persons in household: Sm	okers in household? 🗆 Yes 🗀 No
Alcohol abuse in household? 🗆 Yes 🗀 No. 🥴	Substance abuse in household? ☐ Yes ☐ No
Pets/Animal in home:	Hobbies/Sports:
SAFETY:	
Smoke detectors in the home? \Box Yes \Box No.	Guns in the home? ☐ Yes ☐ No
Do you wear a seat belt? 🖵 Yes 🖵 No. Do yo	ou wear a helmet? (For biking, skiing, skateboarding, etc.) 🖵 Yes 🖵 No
In the past year, have you ever been: Afraid	of your partner? \square Yes \square No. Physically hurt by your partner? \square Yes \square No.
Raped or forced to have sexual activ	ity by your partner? ☐ Yes ☐ No
Emotionally abused by your partner	? □ Yes □ No.
Do you have stairs in the home? \Box Yes \Box No	o. Have you fallen in the past year? \square Yes \square No.
Do you use a walking aid? [] Ves [] No If ye	s [] Cana [] Walker [] Wheelchair [] Scooter



Health Information Questionnaire

NUTRITION / HEALTH: Do you eat a healthy diet? ☐ Yes ☐ No. How many servings of fruit daily? . Vegetables daily? Diet: ☐ Regular ☐ Calorie restricted ☐ Vegetarian ☐ Kosher ☐ Diabetic ☐ Renal ☐ Other: _____ Salt Intake: ☐ Low ☐ Medium ☐ High. Fat intake: ☐ Low ☐ Medium ☐ High. Water intake: Do you regularly exercise? Yes No. How many times per week? _____. How long? _____ What type of exercise (e.g. biking, walking, running, swimming, etc.)? ______. **GENITOURINARY:** Are you sexually active? Yes No First active at age: _____ Current # of partners: _____ Number of life partners: _____ Length of time with current partner(s): _____ Any concerns about STDs or HIV? ☐ Yes ☐ No. Birth control method/STD prevention: ☐ None ☐ Condoms ☐ Pill ☐ IUD ☐ Other: Self-described orientation: 🛘 Straight 🗖 Lesbian 🗖 Gay 🗖 Bi-Sexual 🖨 Transgender 🖨 Transsexual 🖨 Other: _____ **OB/GYN HISTORY (females only):** Age at onset of menstruation: Date of last menstruation: or Age at menopause: Period every _____ days. Duration of period: ____ days. Light / Moderate / Heavy Periods? (circle one) How many pregnancies: _____ How many children: ______Vaginal or C-section _____



Lower Umpqua Hospital District 600 Ranch Road

Reedsport Medical Clinic 385 Ranch Road, Reedsport

Ph: (541) 271-2119 Fax: (541) 271-9338

Thank you for choosing the care of our physicians. Please take a moment to review our financial policy.

FINANCIAL POLICY

- Payment in full at time of visit is expected. Temporary billing arrangements are available to approved applicants only, and patients without any insurance should be prepared to make payment the same day of their appointment. Any exceptions must be approved by the Business Office <u>prior to the appointment</u>, with the first payment due the day of the visit. If circumstances make this policy a hardship, we will attempt to tailor payment terms to your specific needs.
- We will bill your insurance carrier (primary & secondary) if you provide us this information. Our physicians participate with many insurance plans. Please check with your specific plan regarding participation status.
- Cash payments at the time of a service will result in a 20% discount of charges for those services. (Cash, check, debit or credit card)
- Accounts which require payment arrangements on a balance owed require monthly payments of no less than \$50.00 per month or 1 /12th the balance due whichever is greater. Accounts are due, and payable in full, one year from the date of service. Patients requiring an extended payment plan will be considered with a request to the Specialty Clinic Office Manager for review.
- Payment is due within 10 days of receipt of the monthly statement.
- The Specialty Clinic offers the payment plan option as a courtesy for accounts kept current:

 Delinquent accounts will be referred to a collection agency. Please call or write us immediately if your circumstances have changed, or if you believe there is an error on your account. We will promptly respond to any inquiry.

A		
	Signature	Date
-lll	******	

By signing below I agree that I have reviewed and understand the information above.

For estimated physician charges, or to arrange a payment plan, contact the Lower Umpqua Hospital Clinic Billing Department at (541) 271-2171.

Clinic financial policy 12/10/09 kh

ACKNOWLEDGMENT AND CONSENT

I understand that REEDSPORT MEDICAL CLINIC (referred to below as "This Practice") will use and disclose **health information** about me.

I understand that my **health information** may include information both created and received by the practice, may be in the form of written or electronic records or spoken words, and may include information about my health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, and similar types of health-related information.

I understand that This Practice may use and disclose my health information in order to:

- Make decisions about and plan for my care and treatment;
- Refer to, consult with, coordinate among, and manage along with other health care providers for my care and treatment;
- Determine my eligibility for health plan or insurance coverage, and submit bills, claims and other
 related information to insurance companies or others who may be responsible to pay for some or
 all of my health care;
- Perform various office, administrative and business functions that support my physician's efforts to provide me with, arrange and be reimbursed for quality, cost-effective health care.

I also understand that I have the right to receive and review a written description of how This Practice will handle health information about me. This written description is known as a **Notice of Privacy Practices** and describes the uses and disclosures of health information made and the information practices followed by the employees, staff and other office personnel of This Practice; and my rights regarding my health information.

I understand that the Notice of Privacy Practices may be revised from time to time, and that I am entitled to receive a copy of any revised Notice of Privacy Practices. I also understand that a copy or summary of the most current version of This Practice's Notice of Privacy Practices in effect will be posted in the waiting area.

I understand that I have the right to ask that some or all of my health information not be used or disclosed in the manner described in the Notice of Privacy Practices, and I understand that This Practice is not required by law to agree to such requests.

By signing below, I agree that I have reviewed and understand the information above and that I <u>have received</u> a copy of the Notice of PATIENT PRIVACY. We have available the NOTICE OF PRIVACY PRACTICES which we will provide upon your written request.

By: (Patient)	Date:
	-OR-
By:(Patient Represent	Date:
(Patient Representa	



385 Ranch Road Reedsport OR 97467

Representative Authorization

□ My information is not to be released to anyone.	
□ I authorize Reedsport Medical Clinic / Lower Ump information regarding my health care needs with:	qua Hospital District to share my personal
1	
2	
3	
4	<u> </u>
Their Address is:	
1	
2.	
3	
4.	
Their Telephone number is:	
1	
2	
3	
4	
This Release of Information will remain in effect unti	il terminated by me in writing.
Patient Signature:	Date:
Witness:	Date:
Right to revoke: Client's signature below revo	kes this release of Information.
	Dato:
(Signature revoking Release of Information)	Date:

LOWER UMPQUA HOSPITAL DISTRICT ~ 600 Ranch Road, Reedsport, OR 97467

P: (541) 271-2171 ~ F: (541) 271-6322 (Medical Records) or (541) 271-6363 (Emergency Room) as requested.

DUNES FAMILY HEALTH CARE ~620 Ranch Road, Reedsport, OR 97467

P: 541-271-2163 F: 541-271-4058

REEDSPORT MEDICAL CLINIC ~385 Ranch Road, Reedsport, OR 97467

P: 541-271-2119 F: 541-271-9338

	MRN:	ID CHECKED:	BY:	
l authorize (<u>fa</u> for <u>(name of pat</u> (<u>date of birth</u>) The informati	ntion must be written, cility) tient) on will be used on my	to (<u>name and addre</u> / behalf for the following	patient or by a person to respond	AL RECORDS on authorized by law to give authorization. elease a copy of the medical information
		Records, [] Insurance, [ecifically authorize the re		ing medical records, if such records exist:
PLEASE INITIA	AL			PLEASE INITIAL
All reco		Progress No	otes/Medication	SENSITIVE RECORDS
Most rec	ent 2 year history labs, x-rays)	Records for (dictations, la	continuity of care bs, x-rays)	Mental Health Records Drug/Alcohol records
Physical 1	Therapy records	Emergency	care records	HIV/AIDS related records
Laborato	ry reports	Billing state	ments	Genetic Testing information
Operative report	e reports and/or Path s	Radiology r	eports	
Other:				
authorization wearlier revoked time by notifyir I understand the healthcare serv of providing he the information of Lower Umpo	will be in effect for a per by me in writing), this a ng Lower Umpqua Hosp nat I do not have to sign vices or reimbursement halth information to som n is disclosed pursuant a qua Hospital District or i	riod of six (6) months from to suthorization is automatical sital in writing except to the this authorization. My refu for services except in the cone neone else and the authoriz to this authorization, it may	he date signed below ly revoked. I understa extent that action ha sal to sign this author ircumstance that the ation is necessary to be re-disclosed by th lerstand that federal.	no date or event is specified, this v. Upon conclusion of that time period (unless and that I may revoke this authorization at any as been taken in reliance on this authorization rization will not affect my ability to receive health care services are solely for the purpose make that disclosure. I understand that once he recipient without the knowledge or consent and state law may restrict re-disclosure of afformation.
	ation is limited to:			
Follov	ving date's/treatment:			
Work	ers compensation clair	n for injuries of		(date)
(Date)	(Signature of patient)	or (guardian/pe	erson authorized by law)

Witness – staff at facility

(Date)

INSTRUCTIONS FOR COMPLETING A RELEASE OF INFORMATION FORM.

If you are filling out the release of information form online, or are mailing the form to us, please read over the instructions. We follow the HIPAA guidelines when handling requests so each section is important to complete.

- In the box at the top of the page is the section for us to enter your MR# and I.D. information.

 We are required to check I.D. of the person requesting the records. If you are sending the release to our facility please attach a copy of your driver's license or other I.D. with photo and signature. If this is not done we cannot make and send the copies requested. This must be the I.D. of the patient, or the legally authorized party.
- The first section is self-explanatory for name of facility releasing information, patient name, date of birth, who will receive the records. If possible, please include the address and phone number.
- The second section is to mark the purpose of the records request.
- The third section of the form asks that you <u>initial</u> by the copies you are requesting. A check mark
 in these areas is not the same thing. <u>Please initial</u>.
 The items in the box marked "Sensitive Records" <u>must</u> be initialed for that information to be released.
- The fourth section is so that a date or event that you enter can be the time frame in which the request is active, and then will expire. If not marked then this authorization is good for a period of 6 months from the date of the signature.
- The fifth and final section **requires** the signature of the individual whose records are being requested. If that person is not available or unable to sign, the person picking up the records must have a "Power of Attorney for Healthcare" and bring their I.D.
 - If that individual wanting records is a minor, then a parent or guardian needs to sign the bottom of the form where noted.
 - If the person is deceased and a party requests records, they must be a close relative such as <u>parent/spouse</u> and be able to prove they have executorship over the deceased's belongings, bring a death certificate and proof of their identity.

NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

If you have any questions about this notice please contact the Office Manager at (541) 271-2119

Reedsport Medical Clinic, 385 Ranch Road, Reedsport, OR 97467

WHO WILL FOLLOW THIS NOTICE

This notice describes the information privacy practices followed by our employees, staff and other office personnel.

YOUR HEALTH INFORMATION

This notice applies to the information and records we have about your health, health status, and the health care and services you receive at this office. Your health information may include information created and received by this office, may be in the form of written or electronic records or spoken words, and may include information about your health history, health status, symptoms, examinations, test results, diagnoses, treatments, procedures, prescriptions, related billing activity and similar types of health-related information.

We are required by law to give you this notice. If will tell you about the ways in which we may use and disclose health information about you and describes your rights and our obligations regarding the use and disclosure of that information.

HOW WE MAY USE AND DISCLOSE HEALTH INFORMATION ABOUT YOU

We may use and disclose health information about you for the following purposes:

• **For Treatment.** We may use health information about you to provide you with medical treatment or services. We may disclose health information about you to doctors, nurses, technicians, office staff or other personnel who are involved in taking care of you and your health. For example, your doctor may be treating you for a heart condition and may need to know if you have other health problems that could complicate your treatment. The doctor may use your medical history to decide what treatment is best for you. The doctor may also tell another doctor about your condition so that doctor can help determine the most appropriate care for you.

Different personnel in our office may share information about you and disclose information to people who do not work in our office in order to coordinate your care, such as phoning in prescriptions to your pharmacy, scheduling lab work and ordering x-rays. Family members and other health care providers may be part of your medical care outside this office and may require information about you that we have.

• **For Payment.** We may use and disclose health information about you so that the treatment and services you receive at this office may be billed to and payment may be collected from you, an insurance company or a third party.

For example, we may need to give your health plan information about a service you received so your health plan will pay us or reimburse you for the service. We may also tell your health plan about a treatment you are going to receive to obtain prior approval, or to determine whether your plan will pay for the treatment.

• **For Health Care Operations.** We may use and disclose health information about you in order to run the office and make sure that you and our other patients receive quality care.

For example, we may use your health information to evaluate the performance of our staff in caring for you. We may also use health information about all of many of our patients to help us decide what additional services we should offer, how we can become more efficient, or whether certain new treatments are effective.

We may also disclose your health information to health plans that provide you insurance coverage and other health care for you. Our disclosures of your health information to plans and other providers may be for the purpose of helping these plans and providers provide or improve care, reduce cost, coordinate and manage health care and services, train staff and comply with the law.

- Appointment Reminders. We may contact you as a reminder that you have an appointment for treatment or medical care at the office.
- <u>Treatment Alternatives.</u> We may tell you about or recommend possible treatment options or alternatives that may be of interest to you.
- **Health-Related Products and Services.** We may tell you about health-related products or services that may be of interest to you.

Please notify us if you do not wish to be contacted for appointment reminders, or if you do not wish to receive communications about treatment alternatives or health-related products and services. If you advise us <u>in</u> <u>writing</u> (at the address listed at the top of this Notice) that you do not wish to receive such communications, we will not use or disclose your information for these purposes.

SPECIAL SITUATIONS

We may use or disclose health information about you for the following purposes, subject to all applicable legal requirements and limitations:

- **To Avert a Serious Threat to Health or Safety.** We may use and disclose health information about you when necessary to prevent a serious threat to your health or safety and safety of the public or another person.
- **<u>Required By Law.</u>** We will discuss health information about you when required to do so by federal, state, or local law.
- **Research.** We may use and disclose health information about you for research projects that are subject to a special approval process. We will ask you for your permission if the researcher will have access to your name, address or other information that reveals who you are, or will be involved in your care at the office.
- <u>Organ and Tissue Donation.</u> If you are an organ donor, we may release information to organizations that handle organ procurement or organ, eye or tissue transplantation or to an organ donation bank, as necessary to facilitate such donation and transplantation.
- Military, Veterans, National Security and Intelligence. If you are or were a member of the armed forces, or part of the national security or intelligence communities, we may be required by military command or other government authorities to release health information about you. We may also release information about foreign military personnel to the appropriate foreign military authority.
- **Workers' Compensation.** We may release health information about you for workers' compensation or similar programs. These programs provide benefits for work-related injuries or illness.
- **Public Health Risks.** We may release health information about you for public health reasons in order to prevent or control disease, injury or disability; or report births, deaths, suspected abuse or neglect, non-accidental physical injuries, reactions to medications or problems with products.
- **Health Oversight Activities.** We may disclose health information to a health oversight agency for audits, investigations, inspections, or licensing purposes. These disclosures may be necessary for certain state and federal agencies to monitor the health care system, government programs, and compliance with civil rights laws.
- <u>Lawsuits and Disputes.</u> If you are involved in a lawsuit or a dispute, we may disclose health information about you in response to a court or administrative order. Subject to all applicable legal requirements, we may also disclose health information about you in response to a subpoena.
- <u>Law Enforcement.</u> We may release health information about you if asked to do so by a law enforcement official in response to a court order, subpoena, warrant, summons or similar process, subject to all applicable legal requirements.
- **Coroners, Medical Examiners and Funeral Directors.** We may release health information to a coroner or medical examiner. This may be necessary, for example, to identify a deceased person or determine the cause of death.

- **Information Not Personally Identifiable.** We may release health information about you in a way that does not personally identify you or reveal who you are.
- **Family and Friends.** We may release health information about you to your family members or friends if we obtain your verbal agreement to do so or if we give you an opportunity to object to such a disclosure and you do not raise an objection. We may also disclose health information to your family or friends is we can infer from the circumstances, based on our professional judgment that you would not object. For example, we may assume you agree to our disclosure of your personal health information to your spouse when you bring your spouse with you into the exam room during treatment or while treatment is discussed.

In situations where you are not capable of giving consent (because you are not present or due to your incapacity or medical emergency), we may, using our professional judgment, determine that a disclosure to your family member or friend is in your best interest. In that situation, we will disclose only health information relevant to the person's involvement in your care. For example, we may inform the person who accompanied you to the emergency room that you suffered a heart attack and provide updates on your progress and prognosis. We may also use our professional judgment and experience to make reasonable inferences that it is in your best interest to allow another person to act on y our behalf to pick up, for example, filled prescriptions, medical supplies or X-rays.

OTHER USES AND DISCLOSURES OF HEALTH INFORMATION

We will not use or disclose your health information for any purpose other than those identified in the precious sections without your specific, written *Authorization*. If you give us *Authorization* to use or disclose health information about you, you may revoke that *Authorization*, **in writing**, at any time. If you revoke your *Authorization*, we will no longer use or disclose information about you for the reasons covered by your written *Authorization*, but we cannot take back any uses or disclosures already made with your permission.

In some instances, we may need specific, written authorization from you in order to disclose certain types of specially-protected information such as HIV, substance abuse, mental health, and genetic testing information.

YOUR RIGHTS REGARDING HEALTH INFORMATION ABOUT YOU

You have the following rights regarding health information we maintain about you:

- **Right to Inspect and Copy.** You have the right to inspect and copy your health information, such as medical and billing records, that we keep and use to make decisions about your care. You must submit a written request to the Office Manager in order to inspect and/or copy records of your health information. If you request a copy of the information, we may charge a fee for the costs of copying, mailing or other associated supplies.
 - We may deny your request to inspect and/or copy records in certain limited circumstances. If you are denied copies of or access to health information that we keep about you, you may ask that our denial be reviewed. If the law gives you a right to have our denial reviewed, we will select a licensed health care professional to review your request and our denial. The person conducting the review will not be the person who denied your request, and we will comply with the outcome of the review.
- <u>Right to Amend.</u> If you believe that the health information we have about you is incorrect or incomplete, you
 may ask us to amend the information. You have the right to request an amendment as long as the information is
 kept by this office. To request an amendment, complete and submit a MEDICAL RECORD
 AMENDMENT/CORRECTION FORM to the Office Manager.
- We may deny your request for an amendment if your request is not **in writing** or does not include a reason to support the request. In addition, we may deny your request if you ask us to amend information that:
 - We did not create, unless the person or entity that created the information is no longer available to make the amendment.
 - Is not part of the health information that we keep.
 - You would not be permitted to inspect and copy.
 - Is accurate and complete.

• Right to an Accounting of Disclosures. You have the right to request an "accounting of disclosures". This is a list of the disclosures we made of medical information about you for purposes other than treatment, payment, health care operations, and a limited number of special circumstances involving national security, correctional institutions and law enforcement. The list will also exclude any disclosures we have made based on your written authorization.

To obtain this list, you must submit your request **in writing** to the Office Manager. It must state a time period, which may not be longer than six years and may not include dates before April 14, 2003. Your request should indicate in what form you want the list (for example, on paper, electronically). The first list you request within a 12-month period will be free. For additional lists, we may charge you for the costs of providing the list. We will notify you of the cost involved and you may choose to withdraw or modify your request at that time, before any costs are incurred.

• Right to Request Restrictions. You have the right to request a restriction or limitation on the health information we use or disclose about you for treatment, payment or health care operations. You also have the right to request a limit on the health information we disclose about you to someone who is involved in your care or the payment for it, like a family member or friend. For example, you could ask that we not use or disclose information about a surgery you had.

We are not required to agree to your request. If we do agree, we will comply with your request unless the information is needed to provide you emergency treatment or we are required by law to use or disclose the information.

To request restrictions, you may complete and submit the REQUEST FOR RESTRICTION ON USE/DISCLOSURE OF MEDICAL INFORMATION to the Office Manager.

<u>Right to Request Confidential Communications.</u> You have the right to request that we communicate with
you about medical matters in a certain way or at a certain location. For example, you can ask that we only
contact you at work or by email.

To request confidential communications, you may complete and submit a REQUEST FOR RESTRICTION ON USE/DISCLOSURE OF MEDICAL INFORMATION AND/OR CONFIDENTIAL COMMUNICATION to the Office Manager. We will not ask you the reason for your request. We will accommodate all reasonable requests. Your request must specify how or where you wish to be contacted.

• Right to a Paper Copy of This Notice. You have the right to a paper copy of this notice. You may ask us to give you a copy of this notice at any time. Even if you have agreed to receive it electronically, you are still entitled to a paper copy. To obtain a copy, please contact the Office Manager.

CHANGES TO THIS NOTICE

We reserve the right to change this notice, and to make the revised or changed notice effective for medical information we already have about you as well as any information we receive in the future. We will post the current notice in the office with its effective date in the top right hand corner. You are entitled to a copy of the notice currently in effect.

COMPLAINTS

If you believe that your privacy rights have been violated, you may file a complaint with our office or with the Secretary of the Department of Health and Human Services. To file a complaint with our office, please contact the Office Manager at (541) 271-2119. **You will not be penalized for filing a complaint.**