

# About Us



Our mission is to promote health through the restoration of mobility and function. Whether recovering from a sports injury, managing chronic pain, or living with a chronic condition, we are here to support you on your journey toward better health and well-being.



**LOWER UMPQUA**  
HOSPITAL DISTRICT

## More Information :



(541)-271-6318



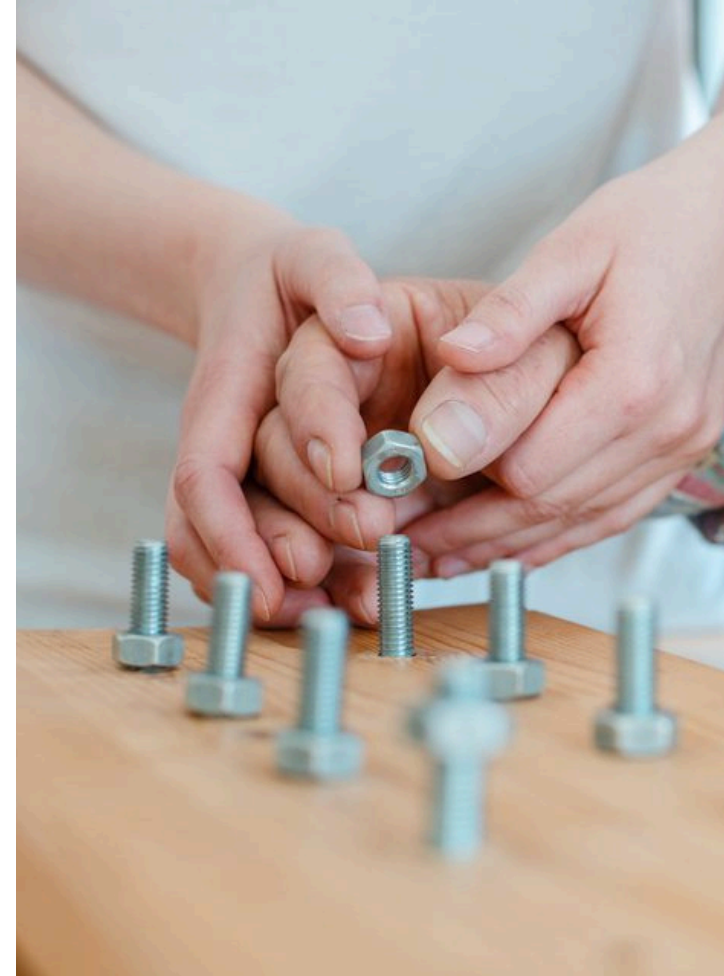
(541)-271-6376



600 Ranch Road.  
Reedsport, OR 97467



[www.lowerumpquahospital.org](http://www.lowerumpquahospital.org)



## Occupational Therapy

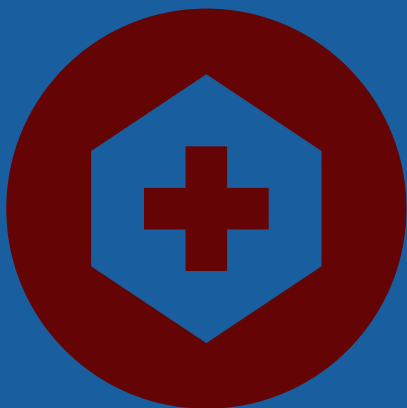
Rehabilitation Services  
Lower Umpqua Hospital District



## Occupational Therapy

### *What is Occupational Therapy?*

Occupational Therapy intervention uses everyday life activities to promote health, well-being, and your ability to participate in the important activities in your life.



## Our Services

### *What can OT help me with?*

- Decreased range of motion or strength
- Lymphedema & wound care
- Fine motor delays
- Self-care delays or difficulties
- Bilateral coordination delays
- Visual perception disorders
- Sensory processing disorders
- Home exercise programs
- Social skills
- Postural re-education
- Handwriting
- Home safety concerns

## Specialty Programs

*We are proud to offer specialty rehabilitation programs in the following areas:*

- Lymphedema
- Pediatrics
- Seating and Mobility Assessments

### **Getting Started is easy!**

Simply make an appointment with your doctor to talk about your concerns.

Your doctor will provide a referral to be evaluated by one of our talented therapists.

Your therapist will work with you and your doctor as part of a team to develop an individualized care plan designed to manage your symptoms and optimize your recovery.