

About Us



Our mission is to promote health through the restoration of mobility and function. Whether recovering from a sports injury, managing chronic pain, or living with a chronic condition, we are here to support you on your journey toward better health and well-being.



LOWER UMPQUA
HOSPITAL DISTRICT

More Information :



(541)-271-6318



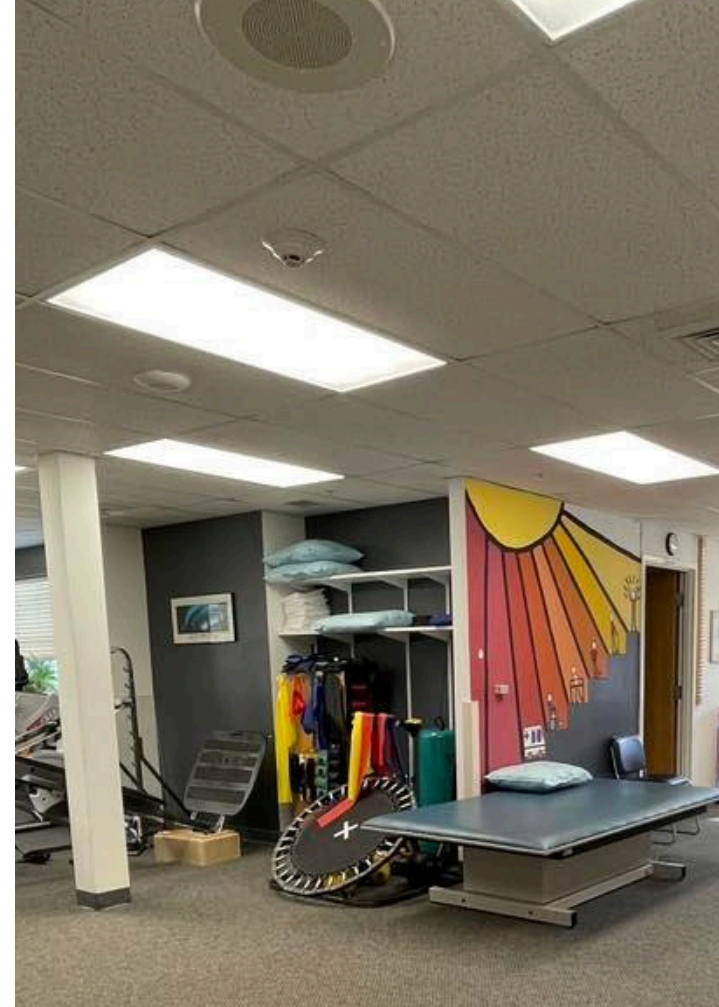
(541)-271-6376



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Reedsport, OR 97467



www.lowerumpquahospital.org



Physical Therapy

Rehabilitation Services

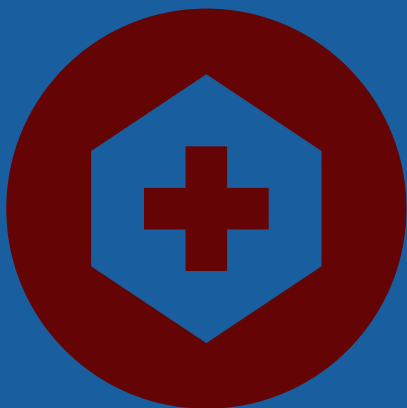
Lower Umpqua Hospital District



Physical Therapy

What is Physical Therapy?

Physical Therapy is a dynamic evidence-based profession that helps to improve or restore mobility, relieve pain, reduce the need for surgery, and manage chronic conditions that may affect your ability to move and engage in your preferred activities.



Our Services

What can PT help me with?

- Neck/back pain. Sciatica and stenosis
- Arthritis
- Post-surgical care
- Sports injuries
- Headaches/migraines
- Orthopedic conditions
- Shoulder pain/tendonitis
- Hip, knee, ankle & foot pain
- Walking/balance difficulties
- Vertigo/concussion
- Worker's compensation injuries
- Auto accident injuries
- Cerebrovascular Accident (CVA)
- Parkinson's and MS
- Pelvic floor dysfunction, pelvic pain, and urinary incontinence
- Prenatal and postpartum pain

Specialty Programs

We are proud to offer specialty rehabilitation programs in the following areas:

- Sports & Orthopedics
- Vestibular Therapy
- Concussion Management
- Neurological Rehabilitation
- Aquatic Therapy
- Animal-assisted Intervention

Getting Started is easy!

Simply make an appointment with your doctor to talk about your concerns.

Your doctor will provide a referral to be evaluated by one of our talented therapists.

Your therapist will work with you and your doctor as part of a team to develop an individualized care plan designed to manage your symptoms and optimize your recovery.